

AUGUST 6-10, 2018
SIGULDA, LATVIA

LV100 



25th  EFOL



**WELCOME TO
EUROPEAN FORESTERS'
ORIENTEERING CHAMPIONSHIP**



Sigulda has accepted the challenge of hosting the World Orienteering Championships 2018, concurrent to the European Foresters' Orienteering Championships, and thus confirming that both Latvia and Sigulda can thrill the world of orienteering sport.

We invite each and every one of you to evaluate and benefit from Sigulda's ability to provide professional orienteering competitors with quality and well-designed sports infrastructure over challenging distances and to enjoy our wealth of exciting recreational options.

Latvia's greenery can be seen in glorious effect along the courses in Sigulda, which wind their way through the Gauja National Park where the diversity of nature and picturesque scenery provide not only spiritual pleasure, but also the opportunity to obtain valuable competitive experience.

Sigulda is Latvia's most thrilling town. Therefore, I would like to wish the championship's participants and fans a thrilling competition and outstanding results, so that the time you spend in Sigulda taking part in the European Foresters' Orienteering Championships is not just enjoyable and successful, but truly exciting!

Welcome to Sigulda!

Uģis Mitrevics
Mayor of Sigulda

Dear forest owners, workers for forestry organisations, service providers, individuals with a forest education, family members,

This year, a quarter century of the EFOL tradition gives us the pleasure to share our enjoyment with people who love freedom, forest and orienteering sport. This EFOL takes place in the year when Latvia is celebrating a centenary of its statehood and World Orienteering Championships is held in Latvia. We shall be present in the World Orienteering Championships arenas and run in the maps of the picturesque forests of the Gauja National Park that are situated along the banks of the 452 km long Gauja River.

The number of entries, which has grown to more than 400 competitors representing 12 countries, evidence that the EFOL tradition is strong. We nevertheless have a challenge to undergo an internal renewal, increase the number of participants and expand geographic coverage. The team of forest people from Poland is an excellent example of pursuing this strategy over a number of years.

EFOL is grateful to Sigulda for the wonderful opportunity to visit such an outstanding place in Europe where one of every 4500 citizens comes back home with an Olympic medal, where each year during the Opera Festival one can hear the performance of world-famous artists, and where an exquisite meal is served to the citizens and guests of Sigulda by a F-1 team chef. And we hope that Sigulda will be selected a host of the 2026 Winter Olympics, which it honestly deserves!

I thank all the organisers of the 25th EFOL and wish the EFOL community to fulfil all expectations you have for this week. Enjoy yourselves and bring pleasure to others!

Mārtiņš Gaigals
EFOL IC President

WELCOME TO SIGULDA!

Sigulda thrills with the nature enclosed city environment, inviting to study three medieval castles, to hike in Gauja National Park, and to take part in culture and sports events. Sigulda is where the nature lives in the town, and is an integral part of it. The forest-covered valley of the River Gauja hides away many exciting, myth-enshrouded culture, history and nature legends, as well as unique active leisure adventures.

Active leisure adventures

The only bob, luge and skeleton track in the Baltic States allows enjoying the speed by rushing down in a tailor-made sledge either in winter or summer. Meanwhile swimming in the air while resting on an air current may be enjoyed in the vertical wind tunnel "AERODIUM", which has become world-famous through participation in various global events. The steep slopes of the River Gauja banks are now home to tree top rope adventure tracks "Mežakāķis" and "Tarzāns" allowing to enjoy not only physical activities, but also great views. The cable car linking both banks of the River Gauja is not only an excellent viewing platform offering views over the historic castles and the valley, but also a real adrenaline bomb with its bungee jumping offers in the evenings. During the warm season the curvy trails leading through Sigulda and along the River Gauja invite to hike, cycle, or take canoeing trips revealing ever new postcards of nature behind the next curve. Sigulda is a regular host of cycling competitions, including the most important event – Unity Ride, gathering more than 6000 visitors.

If you are passionate about the history, ready to explore uniqueness of Gauja National Park or go for crazy activities Sigulda is the place to come! Sigulda thrills!



Authentic castles

The mighty witnesses of the past – three castles standing at a shooting distance of a cannon from each other – Sigulda Castle, Turaida Castle and Krimulda Castle – are the first objects to be seen by travellers who have approached the primeval valley of the River Gauja. Events related to these castles date back to the 13th century when each bank of the River Gauja remained in the possession of different rulers – Riga Bishop and Order of Sword Brothers. The Sword Brothers, who controlled the left bank of the River Gauja from 1204 to 1209, built the Sigulda Castle. Initially it was a castellum-type fortification with a chapel. Later the castle was transformed into a convent-type building, which now reveals the everyday life of the brothers of the Livonian Order. Turaida Museum Reserve was erected in 1214 on the right bank of the River Gauja. It was one of the residences of the Archbishop of Riga. After a fire in 1776 the castle was not restored, but the romantic castle ruins caught the interest of travellers. Castle restoration was commenced in 1953 with the reconstruction of the castle tower. Meanwhile archaeological excavations, lasting for more than 25 years, were started in 1973, followed by restoration and reconstruction works, which can be observed when visiting one of the most popular museums in Latvia – Turaida Museum Reserve. Looking over the primeval valley of the River Gauja to the right bank you shall spot another building – Krimulda Manor, built by the princes and princesses of the Von Lieven Family in 1848. The manor is located on the edge of the primeval valley, and its terrace offers a magnificent view towards Sigulda. Sigulda New Castle is situated next to Sigulda Medieval Castle. It was erected by Duke Kropotkin in 1878 and it was rebuilt in 1936, still retaining the unique interior of national romanticism.

PROGRAMM

Day, Date	Approx. time	EFOL 2018	WOC 2018	Venue
Saturday, August 4 th	17.00-19.00		Sprint final	Vecrīga
Sunday, August 5 th	17.00-18.00	Common free Parking with WOC officials	Sprint relay	Rīga, Āgenskalns
	13.00-22.00	Arrival, Event office open		Sigulda
Monday, August 6 th	9.00-19.00	Arrival, Event office open		Sigulda
		Model		Ratnieki, Līgatne parish
	19.00	Team leaders meeting		Sigulda Train station
	20.00	Opening ceremony		Sigulda Palace (gathering for the ceremony in Sigulda Train station)
Tuesday, August 7 th	10.00-13.00	Forestry morning		Līgatne, Nature Trails
	12.00-17.30		Middle distance	Sigulda, Laurenči
		Model		Ratnieki, Līgatne parish
Wednesday, August 8 th	18.00-20.30	Foresters Middle distance		Sigulda, Laurenči
	9.00-17.00	Excursions		
		Model		Ratnieki, Līgatne parish
Thursday, August 9 th	19.00	EFOL annual meeting		"Kungu rija", Krimulda
	9.00-12.00	Sprint		Sigulda, Nature Protection Agency
	14.00		Relay	Turaida, "Dainu kalns"
Friday, August 10 th	19.00	Banquet, awarding individual		Sigulda, Zinātnes iela 7B
	12.00	Relay		Turaida, "Dainu kalns"
Saturday, August 11 th	14.30	Closing ceremony, awarding relay		Turaida, "Dainu kalns"
	11.00		Long distance	Turaida, "Dainu kalns"



S!GULDATHRILLS



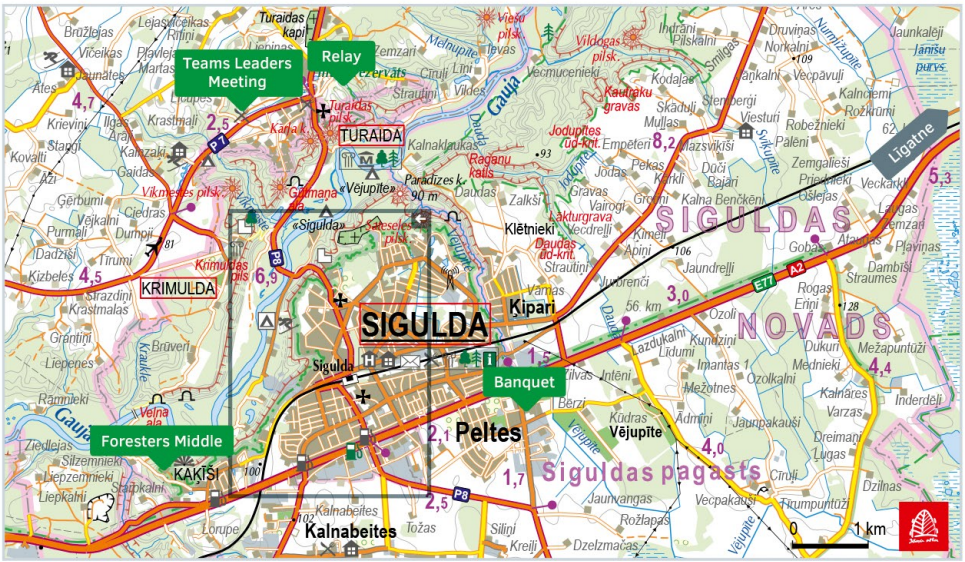
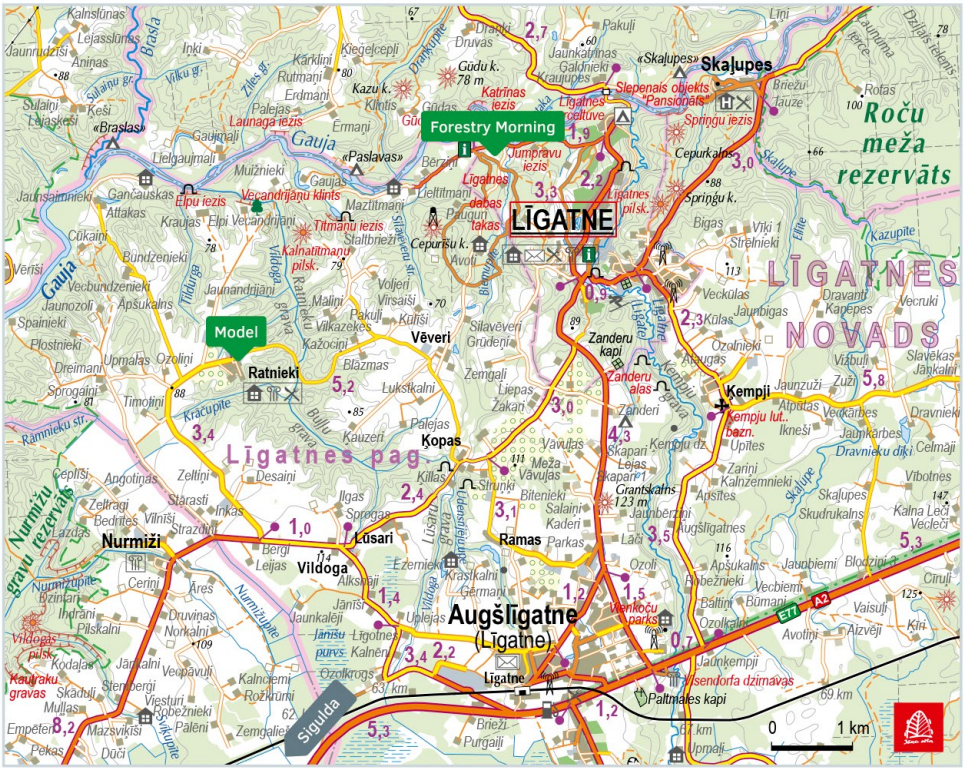
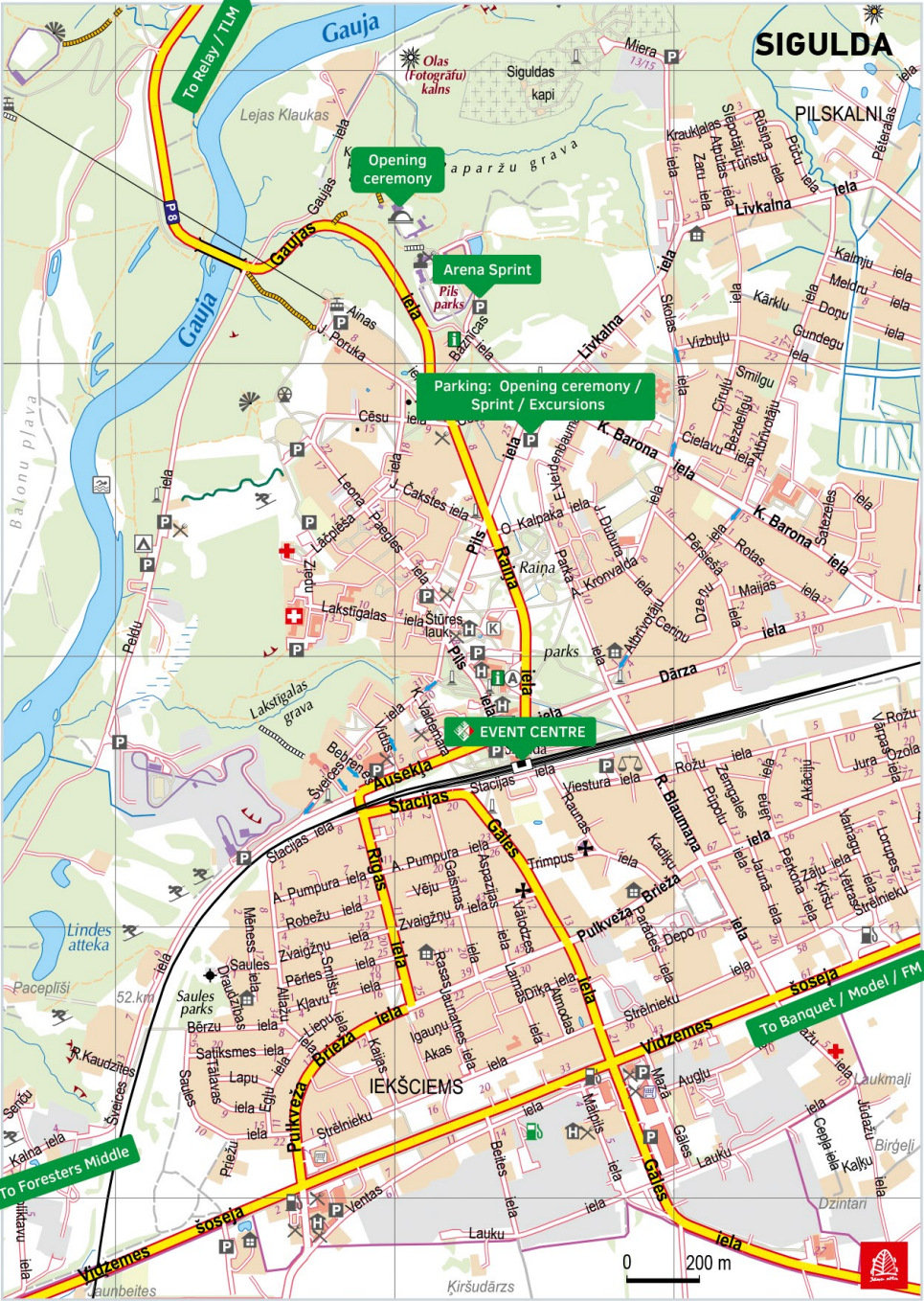
tourism.sigulda.lv/sigulda-surroundings/
www.entergauja.com/en/enter-gauja/about-region/sigulda



EFOL for the first time
in close co-operation with
the World Orienteering Championships!



EVENT LOCATION



GENERAL INFORMATION

EVENT CENTRE

SIGULDA TRAIN STATION, AUSEKĻA IELA 6, SIGULDA, LV-2150

Contact phone: Dagnis Dubrovskis +371 26436873; E-mail: dagnis.dubrovskis@llu.lv

Staff will be available at the EFOL Information Desk to answer any questions and hand out the team packages. These should be collected preferably by the team leader.

All teams must pay any remaining charges before they can collect their packages.

IDENTIFICATION

Please always wear your ID-card (badge). The badge gives you access to the competitions, seminar, excursion, opening and closing ceremonies.

PARKING

Parking In the official parking areas, parking is only possible with the parking tickets. Parking tickets can be collected at the Event Centre. Price for parking for all days (including WOC) 5 €. Please place the parking passes on the windscreen in a visible place during the whole period of the event. The Assembly Areas are accessible on foot from the parking lot. The parking passes is valid also for all the WOC events.

INFORMATION



25. EFOL homepage (information, live results, official results): www.woc2018.lv/EFOL

Facebook: www.facebook.com/EFOL-207333635975687/

EFOL homepage: www.efol.eu



TEAMS LEADERS MEETING

MONDAY, AUGUST 6TH 18.30, EVENT CENTRE, SIGULDA TRAIN STATION



OPENING CEREMONY

MONDAY, AUGUST 6TH, THE SIGULDA CASTLE RUINS

Competitors are invited to join their fellow countrymen and march behind their flag. We hope that you will all join us in the Opening Ceremony of the EFOL. We ask all nations to delegate one flag-bearer for the Opening Ceremony! Competitors should meet at the Sigulda Train station square meeting point at 19:30. The parade will start at 20.00 and the Opening Ceremony will end at around 21:00.



MODEL

MONDAY, TUESDAY AND WEDNESDAY, AUGUST 6TH–8TH, RATNIEKI, LĪGATNE PARISH

Model maps can be obtained at the center of the competition in Sigulda Train station.



www.ratnieki.lv



FORESTRY MORNING

TUESDAY, AUGUST 7TH 10:00, LĪGATNE NATURE TRAILS, LĪGATNE

(In cooperation with Nature Conservation Agency in Līgatne Nature Trails)

One of the most popular nature-educational tourism sites in Gauja National Park are the Līgatne Nature Trails. Large areas of fencing have been established on the banks of the primeval valley of the River Gauja and its tributaries, where the conditions are similar to those in wildlife. Here one can see the wild animals of Latvia – red deer, elks, roe deer, wild boar, bears, foxes, lynx, and several species of owls.

There is a dense network of hiking trails and a paved cycling route.

At the beginning of the trails, there is a modern visitor centre, where one can buy maps, find out relevant information, buy tea or coffee, sweets or souvenirs.

For all families, not only for professionals!

Intro: National Parks of Latvia

Speaker: Director General of the Nature Conservation Agency Mr. J. Jātnieks

Theme for presentation and discussion: Latvian nature and forestry.



www.daba.gov.lv



When showing your participation card at the entrance, the entry to the Līgatne nature paths is free of charge.



You are in Gauja National Park!
We invite you to protect and respect the natural and man-made values!

Nature Conservation Agency.



7TH
AUG

FORESTERS MIDDLE DISTANCE

TUESDAY, AUGUST 7TH, SIGULDA, LAURENČI

TERRAIN DESCRIPTION

Distance location in the city of Sigulda, Gauja National Park, Nature conservation area. Arena location GPS 57°08'24.8" 24°49'01.0". Ravines next to the Gauja river with tiny rivulets. Spruce and pine forest of medium runability. Many deciduous trees in the flood-lands next to the river, making running hard. Height difference 75 m. The forest terrains are natural reserve areas.

Please take extra care to keep the competition areas clean.

Parking in special areas with a parking permit. Distance from parking to competition center – 500 m.

Distance from finish area to Foresters middle start – 400m.

There are some restrictions in the event, because the competition runs on the same day and place as the World Orienteering Championships. The location of the start will be announced at 16.00. The distance from the arena to the start will be marked.

COURSES

Courses	km	Control points
M21	6.6	21
M12, OPEN1, W12	2.1	8
M35, M40	6.1	19
M45	5.3	22
M50	5.1	20
M18, M55	4.9	18
W35, W40, OPEN2	4.3	16
M16, W20	4.2	16
M60, W18	3.8	14
W21, M20	5.9	23
M65, W16, W45, W50	3.6	17
M14, W60	3	13
M70, W55	2.7	12
M75, M80, W65	1.9	10
W70, W75, W14	1.6	9

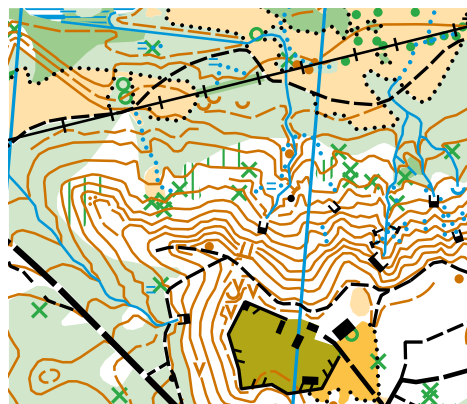
MAPS

Maps are drawn according to the International Specifications for Orienteering Maps (ISOM 2017).

Maps scale: 1 : 10 000
(Courses M; W 60 and older 1 : 7500)

Contour interval: 5 m

Map team: Māris Strautnieks
Course team: Kaspars Kārklīš (Manager),
Dagnis Dubrovskis



EVENT CENTRE



8TH
AUG

EFOL ANNUAL MEETING

WEDNESDAY, AUGUST 8TH 19.00, "KUNGU RIJA", KRIMULDA PARISH, LV-2150

On agreement in advance the organizers of the competition can provide transportation from the Sigulda Train station to the meeting point. Departure at 18.45.



www.kungurija.lv



8TH
AUG

EXCURSIONS

WEDNESDAY, AUGUST 8TH

GENERAL INFORMATION

The buses depart from the Parking place at 9.00. The expected return time is at around 17.00-18.00. Apart from the professional programmes, during the excursions you will see some spectacular points of interest in the area. The professional programmes will be lead by the foresters and nature conservationists. Lunch will be offered in the forest. Please dress suitable for the weather and the occasion!

A Āraiši Archaeological Museum Park – Cēsis (one of the oldest Latvian towns) – Cēsis Medieval Castle – Secret Soviet Bunker in Līgatne.

B Private forestry and cooperation. The Bīriņi Castle – Saulkrasti and The White Dune – After the short walk we will enjoy a peaceful meal in the Café at the beach – Munchausen's museum – Joka winery.

C Rīga is known as Northern European's Art Nouveau Capital – The Old Town – Lunch at Pub "Priedes krogs" – The Ethnographic Open-air museum of Latvia.

D Examples of private forestry in Latvia (Sodra mežs). Woodcraft museum in Vienkoču Park. Nature protection and forestry in Latvia: – The Zvārtes iezis is one of the most popular and scenic sandstone outcrops in Latvia.

E Sigulda – history and culture – Sigulda castle – Luge and Bobsleigh Track in Sigulda – Gauja National Park. Walking/cycling.

8TH
AUG

SPRINT

WEDNESDAY, AUGUST 8TH, SIGULDA, NATURE PROTECTION AGENCY

TERRAIN DESCRIPTION

Distance location in the city Sigulda – mixed environment with Town park, urban area with various scale solitary buildings. Part of course will be set in ruins of castle. Ravines next to the Gauja river with tiny rivulets. Parking: no special parking area for participants. There is a large parking place near Finish area. It is free of charge.
Arena location GPS 57°09'50.7" 24°51'11.0"

Distance from finish area to Sprint start – 500 m.

The participants must have arrived in the quarantine zone before 9.00.



During the competition the road traffic will not be under control. Be cautious!

MAPS

Maps are drawn according to the International Specifications for Sprint Orienteering Maps (ISSOM 2007).

Maps scale: 1 : 5000

Contour interval: 5 m

Map team: Māris Strautnieks, Dagnis Dubrovskis
Course team: Kaspars Kārklīš (Manager), Dagnis Dubrovskis



COURSES

Courses	km	Control points
M21	3.1	23
M12, OPEN1, W12	1.7	12
M35, M40	3.1	22
M45	2.9	19
M50	2.9	19
M18, M55	2.7	23
W35, W40, OPEN2	2.7	20
M16, W20	2.5	19
M60, W18	2.6	17
W21, M20	3	23
M65, W16, W45, W50	2	14
M14, W60	2	19
M70, W55	2	18
M75, M80, W65	1.9	14
W70, W75, W14	1.9	15

EVENT CENTRE





9TH
AUG

BANQUET AND PRIZE GIVING CEREMONY (INDIVIDUAL)

THURSDAY, AUGUST 9TH, SIGULDA

Prize Giving Ceremony will take place at the Sigulda Parish Culture centre (Siguldas pagasta kultūras nams) Zinātnes iela 7B, Sigulda at 19:00, GPS 57.149028 24.892604

Cuisine: The Barn cuisine has certain eclecticism because we try to unite the Latvian traditions with other impressions from the world. This is an endless process of seek and try in order to create something original. That relates to the famous French chef and a writer Maurice Edmond-Saillant's (Courononsky) ideas : "Simplicity in art – the proof of mastery. Good cuisine? When things taste as they are."

Banquets chef Nick Gulbergs spent 10 years as a cook for teams Red Bull and Torro Rosso of Formula 1.

Every guest who registered for the banquet will receive 1 beverage ticket (ticket is exchangeable for a beer or a glass of mineral water or fruit juice).

Your wristband must be worn during the banquet! The wristband can be found in the welcome packages. Enjoy your meal and have a pleasant evening!

10TH
AUG

RELAY

FRIDAY, AUGUST 10TH, TURAIDA, "DAINU KALNS"

TERRAIN DESCRIPTION

Distance location around the castle Turaida, in Gauja National Park, Nature conservation area. Arena location GPS 57°11'10.4" 24°51'05.4". The ravine of the Gauja river valley with side ravines. Forests of various types. Roads and paths of various categories. Height difference – 95 m. The forest terrains are natural reserve areas. Please take extra care to keep the competition areas clean.

In all legs forking system is used.

Age groups for women and men 120, 145, 170 and 195 represents sum of ages for 3 runners, where the youngest runner has to be born in 1983 or earlier.

Parking: in special areas with a parking permit. Distance from parking to competition center – 500 m.



The deadline of the nominal entry for the relay competition is 9th August 2018 at 20.00.

The registration is done by filling a form on the official website:

<http://www.mezasports.lv/efol2018/relay.php>

COURSES

Courses	km	Control points
M12	1.7	7
W12	1.7	7
M18	3.7	14
W18	3.4	14
M21	4.4	16
W21	3.9	14
M145	3.9	16
W145	3.6	14
M170	3.7	15
W170	2.4	12
M195	2.5	11
W195	2.2	10

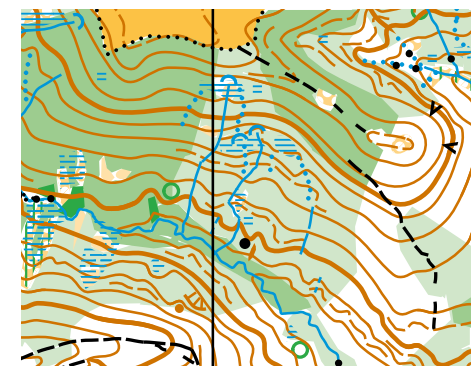
MAPS

Maps are drawn according to the International Specifications for Orienteering Maps (ISOM 2017).

Maps scale: 1 : 7500

Contour interval: 5 m

Map team: Dagnis Dubrovskis,
Leonīds Malankovs, Edmunds Zvaigzne.
Course team: Kaspars Kārklīš (Manager),
Dagnis Dubrovskis



EVENT CENTRE





PRIZE GIVING CEREMONY (RELAY) AND CLOSING CEREMONY

FRIDAY, AUGUST 10TH, 14.30, TURAIDA, "DAINU KALNS"

Prize Giving Ceremony (Relay) and Closing Ceremony The Prize Giving and the Closing Ceremony will take place in the competition arena Turaida.

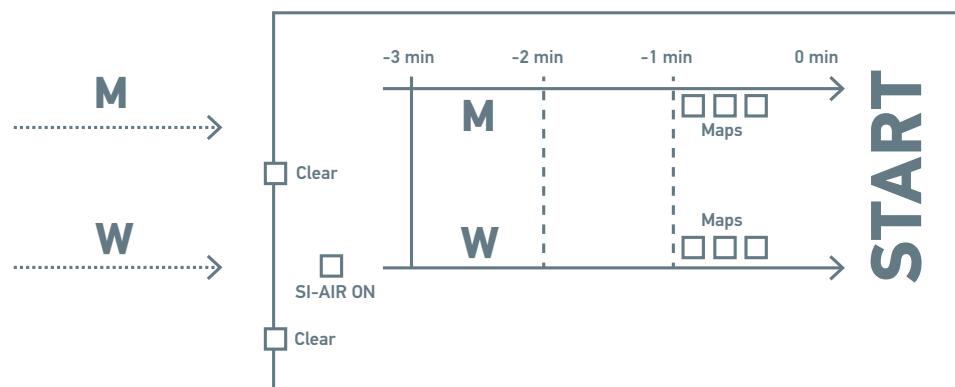
The Ceremony will end at around 15:30. The EFOL flag will be handed over to the organisers of the 26th EFOL in Czech Republic.

TIME KEEPING

During the event, the SPORTident timekeeping system will be used. In case the SI box does not beep or flash, competitors must punch on the map with the traditional pin punches mounted on all controls. The team leaders have to return the rented SI-card to the Information Desk after the last race. It is a runner's responsibility to bring the correct SI card and ensure it is working. Hired SI cards must be returned at the finish on the last day of the competition. The cost to replace a missing SI card is 30 euro.

CONTROL DESCRIPTIONS

IOF pictorial symbols. Description list will be printed on maps and also made available as loose sheets before the start to runners having their own holders



THRILLER

SAPŅU ĶĒRĀJS*

LATVIA'S STATE FORESTS –
OPEN DAILY, NO ENTRANCE FEE

HE CATCHES
WHAT WE DO NOT DARE TO THINK

PRODUCER: LATVIA'S STATE FORESTS DIRECTOR: MAMMADABA STARRING: GREAT ANTLER STAG
SOUND: NIGHT SILENCE LIGHTS: MOON & STARS DRESS DESIGN: MAMMADABA



WWW.MAMMADABA.LV

* DREAM CATCHER

PARTICIPANTS

W12 (10)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
402		Vacant		18:01:00	9:42:00
56	2089810	Liba Luize Eltermane	LAT	18:03:00	9:45:00
57	2102418	Marta Lāce	LAT	18:05:00	9:43:00
58	8656804	Līva Elīza Andersone	LAT	18:07:00	9:46:00
59	2020717	Šimkova Anežka	CZE	18:09:00	9:50:00
60	364180	Laura Krūmiņa	LAT	18:11:00	9:44:00
61	2036452	Māra Segliņa	LAT	18:13:00	9:51:00
62	1111117	Goda Ziaziulyte	LTU	18:15:00	9:48:00
63	2021289	Elma Bremze	LAT	18:17:00	9:49:00
64		Zane Alise Zudraga	LAT		9:47:00

M12 (17)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
403		Vacant		18:19:00	9:26:00
65	2119200	Lukass Silins	LAT	18:21:00	9:35:00
66	2089778	Emils Sulcs	LAT	18:23:00	9:28:00
67	8636591	Markus Juhkam	EST	18:25:00	9:38:00
68	2089784	Renars Grasis	LAT	18:27:00	9:37:00
69	2089786	Markuss Peseckis	LAT	18:29:00	9:27:00
70	2089779	Bruno Sterns	LAT	18:31:00	9:39:00
71	8636583	Karl-Mattias Juhkam	EST	18:33:00	9:30:00
72	2089781	Toms Kalva	LAT	18:35:00	9:29:00
73	2073754	Pavel Hlavaček	CZE	18:37:00	9:40:00
74	8653086	Atis Dubrovskis	LAT	18:39:00	9:31:00
75	8648692	Audun Palo	EST	18:41:00	9:34:00
76	207947	Toms Bērziņš	LAT	18:43:00	9:41:00
77		Ingvald Pedersen	NOR	18:45:00	9:32:00
78	2089780	Adrians Kugenieks	LAT	18:47:00	9:33:00
79		Wiktor Breska	POL	18:49:00	9:36:00
80	2057599	Gustavs Šmits	LAT	18:51:00	

W14 (7)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
404		Vacant		18:19:00	9:53:00
82	2076471	Emilija Staišiūnaitė	LTU	18:21:00	9:55:00
83	2006355	Māra Krūmiņa	LAT	18:23:00	9:58:00

84	2086999	Kamile Smilgiute	LTU	18:25:00	9:59:00
85	2086764	Elīze Bremze	LAT	18:27:00	9:56:00
86	2048146	Patrycja Krzyżostanek	POL	18:29:00	9:54:00
87	8088077	Eidvile Tevelyte	LTU	18:31:00	9:57:00

M14 (17)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
405		Vacant		18:25:00	9:25:00
89	1406523	Rinalds Ķudis	LAT	18:27:00	
90	8656779	Jēkabs Toms Andersons	LAT	18:29:00	9:26:00
91	1421702	Nansen Palo	EST	18:31:00	9:37:00
92	2089782	Emils Fisers	LAT	18:33:00	9:28:00
93	334102	Bendik Loe	NOR	18:35:00	9:35:00
94	2011724	Audris Odo Vitolins	LAT	18:37:00	9:31:00
95		Sebastian Glazko	LTU	18:39:00	9:33:00
96	2063974	Pēteris Gailis	LAT	18:41:00	9:38:00
97	1270705	Ragnar Lande	NOR	18:43:00	9:40:00
98	2089783	Emils Gustavs Gulbis	LAT	18:45:00	9:27:00
99		Jacek Ertel	POL	18:47:00	9:39:00
100	2089776	Ronalds Aleksans	LAT	18:49:00	9:29:00
101	1006470	Olev Piirisild	EST	18:51:00	9:32:00
102	2036451	Jēkabs Segliņš	LAT	18:53:00	9:34:00
103	8648699	Renno Merenäkk	EST	18:55:00	9:30:00
104	2089794	Patriks Gustavs Rinkevics	LAT	18:57:00	9:36:00

W16 (4)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
406		Vacant		18:21:00	9:47:00
106		Nadia Breska	POL	18:23:00	9:50:00
107	8000222	Kristine Brunere	LAT		9:48:00
395		Astrid Gjoelstad Borge	NOR		9:49:00

M16 (6)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
407		Vacant		18:49:00	9:00:00
108		Kārlis Rode	LAT	18:51:00	9:05:00
109	682472	Arseniy Mironov	BLR	18:53:00	9:04:00
110	1417182	Antti Reiman	FIN	18:55:00	9:02:00
111	8080009	Ronalds Lūkins	LAT	18:57:00	9:03:00
112		Sture Thoresen	NOR	18:59:00	9:01:00

W18 (11)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
113		Patrycja Kasprzak	POL	18:01:00	9:23:00
114	8636995	Małgorzata Bączek	POL	18:03:00	9:24:00
115		Maruta Greidina	LAT	18:05:00	9:30:00
116	418371	Emilia Fąttynowicz	POL	18:07:00	9:27:00
117	207910	Paula berke	LAT	18:09:00	9:28:00
118	997853	Jagoda Seidel	POL	18:11:00	9:25:00
119		Sigrid Gjoelstad Borge	NOR	18:13:00	9:26:00
120	431922	Weronika Jankowiak	POL	18:15:00	9:29:00
121	2012395	Arta Jonase	LAT	18:17:00	9:32:00
122	418372	Paulina Zaborowska	POL	18:19:00	9:31:00

M18 (13)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
123		Petros Blogowski	POL	18:38:00	9:00:00
124		Paweł Jezierski	POL	18:40:00	9:09:00
125	52729	Štepan Šimek	CZE	18:42:00	9:08:00
126		Jakub Szafraniec	POL	18:44:00	9:11:00
127	418379	Łukasz Orczyk	POL	18:46:00	9:01:00
128		Wiktor Przepióra	POL	18:48:00	9:13:00
129		Edijs Dzalbs	LAT	18:50:00	9:10:00
130	431917	Marcin Gąsiorowski	POL	18:52:00	9:07:00
131		Vacant		18:54:00	9:02:00
132	418377	Michał Garliński	POL	18:56:00	9:04:00
133	505853	Nikodem Seidel	POL	18:58:00	9:03:00
134	418384	Artur Głowacki	POL	19:00:00	9:06:00
135	8631283	Arnas Serva	LTU	19:02:00	9:12:00
136		Seweryn Spcker	POL	19:04:00	9:05:00

W20 (6)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
409		Vacant		18:37:00	9:06:00
138	418374	Monika Maciuk	POL	18:39:00	9:07:00
139		Frida Gjoelstad Smith	NOR	18:41:00	9:08:00
140	418376	Wiktoria Nowakowska	POL	18:43:00	9:11:00
141	1399852	Andra Dubrovska	LAT	18:45:00	9:10:00
142	431923	Aleksandra Chojecka	POL	18:47:00	9:09:00

M20 (6)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
410		Vacant		18:00:00	9:00:00
144	418381	Jakub Piersa	POL	18:02:00	9:02:00
145	418383	Łukasz Czerniewicz	POL	18:04:00	9:01:00
146	431906	Bartosz Helak	POL	18:06:00	9:05:00
147		Marcin Helman	POL	18:08:00	9:03:00
148	418380	Arkadiusz Jakubczyk	POL	18:10:00	9:04:00

W21 (22)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
401	2012435	Zanda Abzalone	LAT		9:06:00
34	997824	Julia Seidel	POL	18:14:00	9:09:00
35	7870423	Aiga Tarasova	LAT	18:16:00	9:24:00
36	2081369	Vobornikova Alena	CZE	18:18:00	9:19:00
37	9201888	Milla-Mari Putkonen	FIN	18:20:00	
38	8631397	Donāta Šmite	LAT	18:22:00	
39	53127	Ondračkova Lucie	CZE	18:24:00	9:10:00
40		Lāsma Freimane	LAT	18:26:00	9:12:00
41		Anni Inkilä	FIN	18:28:00	9:18:00
42	8130991	Sabeth Kosch	CHE	18:30:00	9:21:00
43		Anni Reiman	FIN	18:32:00	9:13:00
44		Kertu Kekk	EST	18:34:00	9:15:00
45	886575	Inge Skovgaard Knudsen	DNK	18:36:00	9:08:00
46		Agnese Nastaja	LAT	18:38:00	
47	416329	Zuzana Hendrychova	CZE	18:40:00	9:23:00
48	2011738	Ilona Daģe	LAT	18:42:00	9:07:00
49		Lene Therese Myrland	NOR	18:44:00	9:20:00
50	416658	Sisa Dorottya	HUN	18:46:00	9:11:00
51	1270576	Julie Finsrud Lande	NOR	18:48:00	9:16:00
52	1301725	Zane Tiltā-Kūma	LAT	18:50:00	9:14:00
53	8651353	Nicoline Lorenzen	DNK	18:52:00	9:17:00
54	245886	Nina Smestad	NOR	18:54:00	9:22:00

M21 (33)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
400		Vacant		18:00:00	9:00:00
2		Bendix Smith	NOR	18:02:00	9:09:00
3		Johannes Pohjala	FIN	18:04:00	9:28:00
4		Łukasz Nikonowicz	POL	18:06:00	9:20:00

5	918007	Nauris Neimanis	LAT	18:08:00	9:12:00
6		Adrian Szlaszyński	POL	18:10:00	9:22:00
7	991757	Mikk Kadak	EST	18:12:00	9:05:00
8	890112	Viktor Sivermark	SWE	18:14:00	9:26:00
9	8633638	Marijonas Gipas	LTU	18:16:00	9:14:00
10		Anders Gjoelstad Roehnebaek	NOR	18:18:00	9:30:00
11	9102196	Viktoras Staišiūnas	LTU	18:20:00	9:16:00
12	8651355	Jacob Asmussen Daugaard	DNK	18:22:00	9:29:00
13	602048	Johan Malmquist	SWE	18:24:00	9:23:00
14	82388	Karol Pietraszko	POL	18:26:00	9:03:00
15	8631400	Jānis Kūms	LAT	18:28:00	9:21:00
16	9101596	Mateusz Pańkowski	POL	18:30:00	9:06:00
17	1301919	Jurgis Dudelis	LAT	18:32:00	9:07:00
18	8363636	Paulius Janušauskas	LTU	18:34:00	9:04:00
19		Peder Gjoelstad Roehnebaek	NOR	18:36:00	9:19:00
20	1003355	Helge Kristian Kopland	NOR	18:38:00	9:01:00
21	8050116	Anatolijs Tarsovs	LAT	18:40:00	9:32:00
22	1023985	Ferenc Kovacs	HUN	18:42:00	9:02:00
23	52733	Martin Bator	CZE	18:44:00	9:15:00
24		Janis Dudelis	LAT	18:46:00	9:27:00
25	8655425	Filak Jiri	CZE	18:48:00	9:13:00
26		Krzysztof Socha	POL	18:50:00	9:31:00
27	2021819	Edvinas Staišiūnas	LTU	18:52:00	9:24:00
28	302081	Anders Skovgaard Knudsen	DNK	18:54:00	9:10:00
29		Grzegorz Załuska	POL	18:56:00	9:08:00
30	9040176	Pauls Platais	LAT	18:58:00	9:25:00
31	887189	Bjarne Skovgaard Knudsen	DNK	19:00:00	9:18:00
32	9201889	Heikki Manninen	FIN	19:02:00	9:11:00
33	2012431	Kristaps Bruners	LAT		9:17:00

W35 (7)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
411		Vacant		18:23:00	9:52:00
150	8120121	Ilze Pikšena	LAT	18:25:00	9:55:00
151	1420742	Dace Gaigala	LAT	18:27:00	9:54:00
152	201315	Rasa Kumpyte	LTU	18:29:00	9:56:00
153		Anda Sproģe	LAT	18:31:00	9:58:00
154	1000010	Piia Avaste	EST	18:33:00	9:57:00
155	8011110	Linda Krūmiņa	LAT	18:35:00	9:53:00

M35 (11)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
412		Vacant		18:01:00	9:00:00
157	363486	Kiss Dénes	HUN	18:03:00	9:07:00
158	1396670	Ingus Šmits	LAT	18:05:00	9:10:00
159	8646189	Ahto Sulavee	EST	18:07:00	9:01:00
160	1007540	Jānis Krūmiņš	LAT	18:09:00	9:08:00
161	998984	Tarmo Tolm	EST	18:11:00	9:09:00
162	920429	Artūrs Ķeris	LAT	18:13:00	9:04:00
163	2023794	Audrius Truncė	LTU	18:15:00	9:02:00
164	234599	Lars Skovgaard Jakobsen	DNK	18:17:00	9:05:00
165	9070730	Linus Iseborn	SWE	18:19:00	9:03:00
166	8656752	Salvis Daģis	LAT	18:21:00	9:06:00

W40 (12)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
413		Vacant		18:01:00	9:59:00
168		Siri Gjølstad	NOR	18:03:00	10:05:00
169	7204925	Elīna Andersone	LAT	18:05:00	10:01:00
170	8646226	Agne Grigaliunaite	LTU	18:07:00	10:06:00
171	207601	Signe Dambe	LAT	18:09:00	10:02:00
172	2060750	Linda Larsson	SWE	18:11:00	10:07:00
173	2102428	Ieva Lāce	LAT	18:13:00	10:09:00
174	504728	Audrun Utskarpen	NOR	18:15:00	10:03:00
175	2045245	Markéta Šimkova	CZE	18:17:00	10:10:00
176	2008876	Ieva Meiere	LAT	18:19:00	10:00:00
177	8631285	Lina Serviene	LTU	18:21:00	10:08:00
178		Vacant			10:04:00

M40 (19)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
414		Vacant		18:23:00	9:11:00
179		Arvids Ozoliņš	LAT	18:25:00	9:23:00
180	8100100	Dzintars Salavs	LAT	18:27:00	9:21:00
181	1406526	Armands Ķudis	LAT	18:29:00	
182	8635800	Jacek Borzyszkowski	POL	18:31:00	9:16:00
183	8637585	Kaspars Zudrags	LAT	18:33:00	9:25:00
184		Zbignev Glazko	LTU	18:35:00	9:18:00
185	2008874	Harijs Meiers	LAT	18:37:00	9:17:00
186	7211282	Taavi Tatsi	EST	18:39:00	
187	740428	Jānis Segliņš	LAT	18:41:00	9:15:00
188		Stig Amundsen	NOR	18:43:00	9:20:00

189		Intars Metums	LAT	18:45:00	9:19:00
190	559911	Tord Hultberg	SWE	18:47:00	9:22:00
191	8631474	Eduards Šmits	LAT	18:49:00	
192	41652	Mindaugas Kvedaravicius	LTU	18:51:00	9:14:00
193	2008871	Jānis Brauns	LAT	18:53:00	9:12:00
194	7761023	Andreas Weitlaner	ITA	18:55:00	9:13:00
195	8182224	Meelis Merenäkk	EST	18:57:00	9:24:00
196	1409567	Dainis Rekelis	LAT	18:59:00	

W45 (12)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
415		Vacant		18:25:00	9:51:00
198		Ieva Rode	LAT	18:27:00	9:57:00
199	2012366	Minija Pääslane	EST	18:29:00	9:53:00
200	8657225	Līga Virbule	LAT	18:31:00	9:54:00
201		Agate Drivvold	NOR	18:33:00	9:56:00
202	207907	GINTA BERĶE	LAT	18:35:00	9:59:00
203	7207955	Hanna Mironava	BLR	18:37:00	10:00:00
204	8160570	Indra Segliņa	LAT	18:39:00	10:01:00
205		Ewelina Breska	POL	18:41:00	9:55:00
206	1006177	Una Neimane	LAT	18:43:00	9:52:00
207		Ruda-Ertel Krystyna	POL	18:45:00	10:02:00
208		Mari Cecilie Gjoelstad	NOR	18:47:00	9:58:00

M45 (17)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
209	8652578	Ricardas Tevelis	LTU	18:00:00	9:15:00
210		Aivars Dzalbs	LAT	18:02:00	9:18:00
211	7682249	Antti Roose	EST	18:04:00	9:25:00
212	2008104	Andris Pumpurs	LAT	18:06:00	9:20:00
213	1396152	Robert Fredriksen	NOR	18:08:00	9:27:00
214		Ingus Barvikis	LAT	18:10:00	9:14:00
215	1333342	Justas Budriunas	LTU	18:12:00	9:26:00
216	503743	Alvis Lepikosns	LAT	18:14:00	9:16:00
217	2048197	Jarostaw Krzyzostanek	POL	18:16:00	9:13:00
218		Stanislav Zdradovskij	RUS	18:18:00	9:24:00
219	9151273	Tõnis Piirisild	EST	18:20:00	9:12:00
220	1411303	Andris Dzalbs	LAT	18:22:00	9:22:00
221	302351	Åke Larsson	SWE	18:24:00	9:19:00
222	2066957	Vasilij Kamisarenka	BLR	18:26:00	9:23:00

223	8650728	Robertas Mikalauskas	LTU	18:28:00	9:17:00
224		Torvald Farebo	SWE	18:30:00	9:21:00
225	7033276	Audrius Smilgius	LTU	18:32:00	9:28:00

W50 (9)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
416		Vacant		18:32:00	10:03:00
227	52476	Hana Šimkova	CZE	18:34:00	10:07:00
228	1411280	Iben Maag	DNK	18:36:00	
229	8000909	Ilze Lūkina	LAT	18:38:00	10:08:00
230		Danute Sabaliauskiene	LTU	18:40:00	
231	8110222	Videga Gaigala	LAT	18:42:00	10:04:00
232	2058407	Anu Reiman	FIN	18:44:00	10:06:00
233		Oddveig Anne Sagbakken	NOR	18:46:00	10:05:00
234		Eli Gjoelstad	NOR		10:09:00

M50 (26)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
417		Vacant		18:00:00	9:29:00
235	337334	Jüri Kõiv	EST	18:02:00	9:44:00
236	1006152	Andris Neimanis	LAT	18:04:00	9:40:00
237	1391875	Priit Pääslane	EST	18:06:00	9:39:00
238	25933	Jan Kristensson	SWE	18:08:00	9:33:00
239	303216	Vytautas Staišiūnas	LTU	18:10:00	9:37:00
240		Radosław Ertel	POL	18:12:00	9:54:00
241	9050167	Joern Myrland	NOR	18:14:00	9:36:00
242	8635839	Tim Falck Weber	DNK	18:16:00	9:35:00
243	334103	Petter Loe	NOR	18:18:00	9:53:00
244	413373	Jarostaw Lickiewicz	POL	18:20:00	9:38:00
245	1302878	Guttorm Egge	NOR	18:22:00	9:30:00
246	1396779	Allar Padari	EST	18:24:00	9:48:00
247	9201530	Dariusz Bączek	POL	18:26:00	9:42:00
248		Magnus Hakeman	SWE	18:28:00	9:50:00
249	2059745	Lubomir Hlavaček	CZE	18:30:00	9:47:00
250	8631115	Ugis Ozols	LAT	18:32:00	9:52:00
251	2011817	Roman Šimek	CZE	18:34:00	9:43:00
252	2012405	Guntis Lūkins	LAT	18:36:00	9:34:00
253	1396162	Erlend Roehnebaek	NOR	18:38:00	9:46:00
254	1420843	Mārtiņš Gaigals	LAT	18:40:00	9:32:00
255	2058408	Jarmo Reiman	FIN	18:42:00	9:51:00

256	1301968	Guntis Arnicans	LAT	18:44:00	9:45:00
257		Martin Smith	NOR	18:46:00	9:49:00
258	8653080	Eugster Hansueli	CHE	18:48:00	9:41:00
259		Karsten Borge	NOR	18:50:00	9:31:00

W55 (9)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
418		Vacant		18:37:00	9:51:00
261	245872	Inger Lise Skårholen	NOR	18:39:00	9:54:00
262	2032545	Gunta Dudele	LAT	18:41:00	9:55:00
263	1201062	Riitta Hakkarainen	FIN	18:43:00	9:53:00
264	413380	Danuta Mikielska	POL	18:45:00	9:52:00
265	1415492	Inese Midrijane	LAT	18:47:00	
266	451996	Ann Öhlin	SWE	18:49:00	9:57:00
267	1396143	Guri Gjoelstad Roehnebaek	NOR	18:51:00	9:56:00
268	207946	Rūta Zepa	LAT	18:53:00	9:58:00

M55 (19)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
419		Vacant		18:00:00	9:15:00
270	9201517	Urpo Särkkä	FIN	18:02:00	9:30:00
271		Alvydas Vengalis	LTU	18:04:00	9:29:00
272	25417	Håkan Svensson	SWE	18:06:00	9:24:00
273	2086954	Jens Kristian Kopland	NOR	18:08:00	9:20:00
274		Puntulis Guntars	LAT	18:10:00	
275	303002	Egidijus Kukenys	LTU	18:12:00	9:16:00
276	433100	Ladislav Grepl	CZE	18:14:00	9:25:00
277	895346	Enn Pärt	EST	18:16:00	9:22:00
278	2045577	Dirk Hartmann	GER	18:18:00	9:28:00
279	9633077	Filó György	HUN	18:20:00	9:19:00
280	8160462	Joseph Brügger	CHE	18:22:00	9:18:00
281	207946	Jānis Ence	LAT	18:24:00	
282		Juha Rissanen	FIN	18:26:00	9:26:00
283	2032544	Aigars Dudelis	LAT	18:28:00	
284	2020717	Šimek Miroslav	CZE	18:30:00	9:21:00
285	2011743	Guntis Dude	LAT	18:32:00	9:27:00
286	8655386	Lubomir Hepnar	CZE	18:34:00	9:17:00
287	8650727	Ivanas Ziaziulia	LTU	18:36:00	9:23:00

W60 (12)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
420		Vacant		18:01:00	9:41:00
289	1304029	Bente Tangen Wikstroem	NOR	18:03:00	9:44:00
290	501176	Vitalija Ptasekiene	LTU	18:05:00	9:51:00
291	7202678	Anne Sørum	NOR	18:07:00	9:52:00
292	2079782	Barbro Andreasson	SWE	18:09:00	9:45:00
293	245616	Inger Marie Øygard	NOR	18:11:00	9:46:00
294	8641451	Rita Marti	CHE	18:13:00	9:47:00
295	43798	Turid Norstad Opsahl	NOR	18:15:00	9:48:00
296	8040354	Gunta Lebedoka	LAT	18:17:00	9:43:00
297	2075446	Ronnaug Sagbakken	NOR	18:19:00	9:50:00
298	1131350	Lena Karlsson	SWE	18:21:00	9:49:00
299	238954	Wenche Bjoernstad	NOR	18:23:00	9:42:00

M60 (30)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
421		Vacant		18:00:00	9:00:00
301		Fałkowski Zbigniew	POL	18:02:00	9:09:00
302	1512955	Risto Höglund	FIN	18:04:00	9:14:00
303	253814	Torgeir Volden	NOR	18:06:00	9:02:00
304	8011880	Viesturs Ziedins	LAT	18:08:00	9:05:00
305	8210654	Hansruedi Kohler	CHE	18:10:00	9:20:00
306	641954	Markku Piironen	FIN	18:12:00	9:18:00
307	7777006	Sture Ottesen	NOR	18:14:00	9:07:00
308	8651345	Marius Ptasekas	LTU	18:16:00	9:22:00
309	52712	Antonin Vežnik	CZE	18:18:00	
310	8651327	Marek Szczepański	POL	18:20:00	9:06:00
311		Gundars Freimanis	LAT	18:22:00	9:15:00
312	52517	Antonin Sklenar	CZE	18:24:00	
313	16330	Björn Karlsson	SWE	18:26:00	9:01:00
314		Ari Martikainen	FIN	18:28:00	9:08:00
315		Włodzimierz Protasiewicz	POL	18:30:00	9:21:00
316		Pekka Partanen	FIN	18:32:00	9:10:00
317	341715	Jaroslav Skacel	CZE	18:34:00	
318	211912	Erik Haugen	NOR	18:36:00	9:11:00
319	8655374	Vaclavek Tomáš	CZE	18:38:00	9:03:00
320	7202357	Arnfinn Pedersen	NOR	18:40:00	9:13:00
321	500581	Miroslav Hlava	CZE	18:42:00	

322	2013186	Heinrich Schwingshackl	ITA	18:44:00	9:04:00
323	8090256	Imre Veres	HUN	18:46:00	9:17:00
324	4535	Tuomo Mattila	FIN	18:48:00	
325	52744	František Špičák	CZE	18:50:00	
326	7300040	Julius Ptasekas	LTU	18:52:00	9:16:00
327	52530	Tomaš Zdrahal	CZE	18:54:00	
328	7123123	Erling Trankjær	DNK	18:56:00	9:12:00
329	431935	Zygmunt Jeliński	POL		9:19:00

W65 (10)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
422		Vacant		18:34:00	9:42:00
330	305462	Anne Pesti	EST	18:36:00	9:50:00
331	504392	Lis Knudsen	DNK	18:38:00	9:45:00
332	448957	Magda Horvath	HUN	18:40:00	9:47:00
333	1406128	Rita Wyder	CHE	18:42:00	9:49:00
334	2005129	Silvija Segliņa	LAT	18:44:00	9:48:00
335	7207905	Renate Waser	CHE	18:46:00	9:51:00
336	9200075	RUDĪTE ŠTERNA	LAT	18:48:00	9:44:00
337	9500520	Margaretha Svensson	SWE	18:50:00	9:43:00
338	2106454	Gunta Vilcina	LAT	18:52:00	9:46:00

M65 (16)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
423		Vacant		18:00:00	9:31:00
340	245873	Arve Smestad	NOR	18:02:00	9:38:00
341	52448	Antonin Navratil	CZE	18:04:00	9:45:00
342	1111111	Petr Mironov	BLR	18:06:00	9:33:00
343	1201060	Stein Nordvi	NOR	18:08:00	9:46:00
344	1008458	Koit Paasma	EST	18:10:00	9:39:00
345		Timo Turpeinen	FIN	18:12:00	9:41:00
346	955555	Karl Petter Opsahl	NOR	18:14:00	9:40:00
347		Timo Hyytiäinen	FIN	18:16:00	9:34:00
348	1304029	Terje Wikstroem	NOR	18:18:00	9:42:00
349	8639394	Riho Männi	EST	18:20:00	9:37:00
350		Sven Wodschow	DNK	18:22:00	9:43:00
351	2057603	Sveinung Rekaa	NOR	18:24:00	9:32:00
352	8641395	Walter Marti	CHE	18:26:00	9:35:00
353	1008456	Ilmar Kirjanen	EST	18:28:00	9:44:00
354		Helge Kristen Storsveen	NOR	18:30:00	9:36:00

W70 (4)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
355	334185	Randi Fjaestad	NOR	18:09:00	10:00:00
356	209083	Asta Risbjerg Terkelsen	DNK	18:11:00	10:02:00
357	7208294	Inger Doehten	NOR	18:13:00	10:03:00
358	1104966	Marith Brekke	NOR	18:15:00	10:01:00

M70 (18)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
424		Vacant		18:01:00	9:33:00
360	980346	Hans Asbjørn Tingvold	NOR	18:03:00	9:49:00
361	8470421	Eje Andersson	SWE	18:05:00	9:50:00
362	504393	Leif Skovgaard Knudsen	DNK	18:07:00	9:48:00
363	334166	Tormod Lundberg	NOR	18:09:00	9:40:00
364	671202	Leif Sandgren	SWE	18:11:00	9:47:00
365	8644540	Albert Frei	CHE	18:13:00	9:39:00
366	1207002	Knut Skjeset	NOR	18:15:00	9:38:00
367	1441104	Åke Eckerbom	SWE	18:17:00	9:45:00
368		Karl Mats Gustavsen	NOR	18:19:00	9:46:00
369	434050	Karl Kristian Terkelsen	DNK	18:21:00	9:43:00
370		Oddvar Bøhn	NOR	18:23:00	9:42:00
371	8638717	Gregor Wyder	CHE	18:25:00	9:36:00
372	9888777	Ilmārs Limbēns	LAT	18:27:00	9:41:00
373	2048005	Franz Waser	CHE	18:29:00	9:34:00
374		Stein Erik Edvardsen	NOR	18:31:00	9:35:00
375	1440320	Bengt Henriksson	SWE	18:33:00	9:37:00
376	334080	Knut Fjaestad	NOR	18:35:00	9:44:00

W75 (4)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
377	334010	Marit Aas	NOR	18:01:00	10:08:00
378		Inger Johanne Ruud	NOR	18:03:00	10:07:00
379	1602117	Anna Slaviņa	LAT	18:05:00	10:06:00
380		Mari Pran	NOR	18:07:00	10:05:00

M75 (8)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
381	1154347	Harald Brekke	NOR	18:33:00	9:38:00
382	62840	Rihko Haarlaa	FIN	18:35:00	9:39:00
383	1602133	Rodrigo Slaviņš	LAT	18:37:00	9:37:00
384		Øivind Lundberg	NOR	18:39:00	9:34:00
385	2049461	Vilis Dubrovskis	LAT	18:41:00	9:33:00
386	421441	Gunnar Jarle Drivvold	NOR	18:43:00	9:40:00
387		Matti Heikinheimo	FIN	18:45:00	9:35:00
388		Halvor Svenkerud	NOR	18:47:00	9:36:00

M80 (1)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
389		Hans K Ruud	NOR	18:17:00	9:41:00

OPEN1 (3)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
391		Iveta Adams	LAT	18:00:00	9:00:00
390	2074189	Guna Sedleniece	LAT	18:00:00	9:00:00
394	4501768	Triinu Piirisild	EST		9:00:00

OPEN2 (2)

STNO	CHIPNO	NAME	NAT	MIDDLE	SPRINT
393		Witold Breska	POL	18:00:00	9:00:00
392	1006383	Tarvo Avaste	EST	18:00:00	

LATVIAN FOREST COMPANY AB



Latvian Forest Company AB is a publicly traded, Swedish limited liability company that offers private individuals and legal entities the opportunity to invest in favorably valued forest property in Latvia. With the majority of our forest properties located in northern/northeastern region of Latvia our fundamental belief is that investing in forest as a renewable natural resource and a historically stable asset is one of the best ways to invest. Latvian Forest Company AB is the only company listed on the Swedish stock exchange market Aktietorget.

The present price levels in Latvia, compared to other countries in the Baltic Sea region, provide for higher returns than can be expected elsewhere in Europe when investing in forest assets. Property purchases are financed by attracting equity from investors through successive share issues as purchases proceed and operations expand. The shareholder therefore becomes part owner of many properties rather than one specific plot of land. This provides for the favorable risk diversification.

While the primary goal of our company is to generate returns for shareholders we embrace the sustainability and responsible management of the forest. As part of our Corporate Social Responsibility program we are proud supporters of orienteering in Latvia and the Latvian elite orienteering athlete, gold medalist Edgars Bertuks (Gold medal, WOC 2012 Lausanne, Switzerland), who competes on the elite level internationally. We also are passionate about the beauty of forest landscape in Latvia and its unique historical heritage.



For more information on investing in forest property in Latvia visit us at www.latvianforest.lv/en/



12. EFOL
2005
Ventspils

1. EFOL
1994
Strenči

25. EFOL
2018
Sigulda

49. EFNS
2017
Madona